



Canada
Province of British Columbia
A Proclamation

ELIZABETH THE SECOND, by the Grace of God, of the United Kingdom,
Canada and Her other Realms and Territories, Queen, Head of the
Commonwealth, Defender of the Faith

To all to whom these presents shall come – Greeting

WHEREAS anxiety disorders can interfere with an individual's everyday activities, including participating in work or school and making social connections, and

WHEREAS stigma and limited access to affordable treatment can be major barriers for individuals living with anxiety disorders to live life the way they want, and

WHEREAS sharing evidence-based resources and engaging communities about anxiety and anxiety disorders can reduce stigma and improve the well-being of communities, and

WHEREAS Anxiety Canada—a charitable association that promotes awareness of anxiety disorders and supports access to proven resources and treatment in British Columbia and across Canada—will lead the second celebration of Action Anxiety Day on June 10, 2022, and

WHEREAS Anxiety Awareness Day is an opportunity to increase awareness of anxiety disorders and to address the stigma that can be a barrier to seeking effective support and care;

NOW KNOW YE THAT We do by these presents proclaim and declare that June 10, 2022, shall be known as

“Anxiety Awareness Day”

in the Province of British Columbia.

IN TESTIMONY WHEREOF, We have caused these Our Letters to be made Patent and the Great Seal of Our Province of British Columbia to be hereunto affixed.

WITNESS, The Honourable Janet Austin, Lieutenant Governor of Our Province of British Columbia, in Our City of Victoria, in Our Province, this fourth day of May, two thousand twenty-two and in the seventy-first year of Our Reign.

BY COMMAND.

Attorney General and
Minister Responsible for Housing
(counter signature for the Great Seal)

Lieutenant Governor